



MFM SCHOOL OF NURSING (ANM)

(A Unit of Mission Foundation Movement)



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MFM SCHOOL OF NURSING
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(A unit of Mission Foundation Movement)

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PROSPECTUS
AUXILIARY NURSE MIDWIFERY (ANM)

1. INTRODUCTION:

MFM School of nursing (ANM) is governed by MFM board of executive. The founder of MFM School of Nursing had a clear vision for the enthusiastic youths in imparting occupational skills and knowledge in various area and had a great contribution for community development.

The institution was established in 2009 with affiliation from Indian Nursing Council and Mizoram Nursing Council.

MFM engages in various community development programme and offer different training courses, here are the areas:-

1. Community Health
2. Livelihood Promotion
3. Skill Development
4. Women Empowerment
5. HIV /AIDS
6. Education
7. Start up Village Entrepreneurship Programme
8. Para – Medical Course

2. LOCATION:

MFM School of Nursing is located at Durtlang North.

The school is recognized by the Indian Nursing Council and Mizoram Nursing Council.

3. PURPOSE:

The Programme fawnd to the health needs of the country, community and individual which will serve as a basis for advanced

study and specialization in nursing. It will assist nurses in their personal and professional development, so that they can make their maximum contribution to the society, as individual, citizens and nurses.

4. AIMS & OBJECTIVES:

1. Provide instruction and supervision in nursing in the context of Christian service.
2. Mould the character of the students so as to be a good citizen and serve the people with a missionary zeal.
3. Function effectively with members of the health team and community, apply in the knowledge of human relations and communication skills in his/ her work.
4. Participate as members of the health team in Delivery of curative, preventive, promotive and rehabilitative health care services.
5. Mobilize Community resources and their involvement in working with the communities.
6. Demonstrate use of ethical values in their personal and professional life.
7. Demonstrate basic skills, in teaching patients and giving nursing care to them.
8. Recognizing the need for continuing education for professional development.

5. PAYMENT OF FEES & IMPORTANT POINT TO BE NOTED :

Sl.No.	Name of Fees	1 st Year	2 nd Year
1.	Course Fee	58,500	58,000
2.	Monthly Fee	6,500	6,500

Note:

1. Fees once paid are not refundable.
 2. Course Fee/monthly fee must be paid well in time, failing which, a late fee of Rs. 20/- per day will be charged as fine –
 - Monthly fee must be paid on or before 15th day of every month.
 3. Student once admitted, cannot leave / quit the institution in the middle of the course whatsoever the case might be. Such students must pay up all the course fees.
 4. The fees and other charges are subject to revision from time to time.
6. ADMISSION PROCEDURE:
20 Candidates are admitted to the course each year.

7. ELIGIBILITY:

1. An applicant must be a citizen of India.
2. Has completed the age of 17 yrs and be below 30 yrs of age. Relaxation of upper age limit up to 5 yrs shall be permissible for ST, SC and OBC candidates.
3. Has passed the HSSLC or its equivalents.
4. A Christian Candidate should be full member of his/her Church.
5. Candidates should be physically and mentally fit.

8. IMPORTANT POINTS FOR ANM / HW TRAINING CANDIDATES:

8.1. Documents to be attached:

- a) Passport photocopy (colour).
- b) Attested copy of HSSLC Certificate & Marksheet.
- c) Attested copy of HSLC Certificate & Marksheet.
- d) Attested copy of Birth Certificate.

8.2. Rejection of Application forms:

- a) Application Forms received after due date.
- b) Incomplete Application Form.

9. CRITERIA FOR SELECTION:

1. Applicants should submit their application form completely filled in, within the specified time. Late submission of the application form will not be considered.
2. Written test will be conducted on the notified date. All the selected candidate/applicants will be called for Personal Interview on the notified date.

3. The school will provide Admit Card for all the Candidates and only those candidates with Admit Card will be allowed to sit inside the Examination Hall.
4. The following documents should be brought along with during the Personal Interview :
 - a) HSSLC - Original Mark sheet & Certificate.
 - b) Mark sheets of HSLC and above.
 - c) Medical Certificate.
 - d) Migration Certificate/Testimonial Certificate.
 - e) Application form should bear Office Seal and if not, the application form will not be considered.
 - f) It is compulsory for the selected candidates to stay in the hostel.
 - g) Applicant who wish to join ANM Course should not indulge themselves in alcohol or drugs and any other tobacco products.

10. DURATION:

The course of study shall be 2 years (academic years). Recognized by Indian Nursing Council and the State Nursing Council i.e. Mizoram Nursing Council.

11. SESSION:

October - September

- Training (and Classroom Teaching) is conducted according to the Indian Nursing Council guidelines. At the end of each year, Council Exam is conducted by the State i.e. Mizoram Nursing Council.
- Students are exposed to rural areas and urban areas as prescribed by the INC syllabus.

12. COURSE OF STUDY

2.1 First Year

Sl. no	Nursing Courses Course title And Description	Class room Hours			Experience		
		Theory	Demo- nstration	Total	Hos- pital	Com- Mun- ity	Total
i	Community Health Nursing	120	50	170	10	100	110
ii	Health Promotion	120	75	195	20	180	200
	A. Nutrition	35	30	65			
	B. Human Body & Hygiene	35	30	55			
	C. Environmental Sanitation	20	15	35			
	D. Mental Health	30	10	40			
iii	Primary Health Care Nursing I –	140	150	290	90	300	390
	A. Infection & Immunization	25	20	45			
	B. Communicable Diseases	40	25	65			
	C. Community Health Problems	30	50	80			
	D. Primary Medical Care	20	20	40			
	E. First Aid & Referral	25	35	60			
iv	Child Health Nursing	75	110	185	80	100	180
	Total Hours	380	275	655	120	580	700
	Total=1720 hours						

12. 2.1 Second Year (First Six Months)

Sl. No.	Nursing Courses Course title and Description	Class room Hours			Experience		
		Theory	Demonstration	Total	Hospital	Community	Total
v	Midwifery	200	160	360	200	160	380
vi	Health Centre Management	40	40	80	-	60	60
	Total Hours	240	200	440	220	220	440
	Total=880 hour						

12.2.2 Second Year (Internship – Six Months)

Sl. No	Nursing Courses Course title and Description	Experience		
		Hospital	Community	Total
i	Midwifery	240	240	480
	* Antenatal Ward	40		
	* Intranatal/Labour Room	120		
	* Post Natal Ward	40		
	* Neonatal Care Unit	40		
ii	Child Health	80	160	240
iii	Community Health & Health Centre Management		160	160
	Total Hours			
	Total=880 hours	320	560	880

13. GUIDELINES FOR INTERNSHIP:

1. The ANM students (in a group of 4-5) will be posted in the Sub-Centre / Primary Health Centre with a regular ANM for 1 month / 4 Weeks for supervised independent practice in the community which should be residential.
2. The students would participate in all National Health & Family Welfare programs during their clinical experience.
3. At least 80% of all the clinical requirements should be completed before appearing for the final (second year) examination.
4. The Principal will certify for each student that she has undergone successfully the internship program, completed 100 % of the clinical requirements and acquired the requisite competencies as listed in the syllabus before the award of the certificate / diploma by the Mizoram Nursing Council/Examination Board.
5. The cashbook and competency record book should be completed and signed by the competent authority of the School before appearing for the second year practical examination.

14. EXAMINATION:

The School conducted PTS examination after three (3) months of starting the course and Institutional Exam twice a year. Selection Examination will be conducted before appearing the Council (MNC) exam in the month of July. The state i.e. Mizoram Nursing Council conducts the Final Exam in the Month of September.

14.1. Eligibility for Admission to MNC Examination:

1. A candidate must have minimum of 80% attendance (irrespective of the kind of absence) in theory and practical in each subject for appearing for examination.
2. A candidate must have 100% attendance in each of the practical areas before the award of completion certificate / diploma by the Mizoram Nursing Council Examination Board.
3. On Completion of Practical experience, records to be signed by the tutor and countersigned by the principal.
4. The examination for the 2nd year should happen at the end of the year. A certificate of completion of internship by each student should be provided by the Principal before entering for the examination.

14.2. Scheme of Examination:

Theory and Practical Examinations at the end of the First Year

Paper	Course	External Assessment	Internal Assessment	Duration
Theory Paper I	Community Health Nursing	75	25	3 Hrs
Theory Paper II	Health Promotion	75	25	3 Hrs
Theory Paper III	Primary Health Care Nursing	75	25	3 Hrs
Theory Paper IV	Child Health Nursing	75	25	3 Hrs
Practical I	Community Health Nursing & Health Promotion	100	100	-
Practical II	Child Health Nursing	100	100	-
	Total	500	300	-

Grand Total for First Year = 800 Marks

Theory and Practical Examinations at the end of the Course, Second Year.

Paper	Course	External Assessment	Internal Assessment	Duration
Theory Paper v	Midwifery	75	25	3 Hrs
Theory Paper vi	Health Centre Management	75	25	3 Hrs
Practical III	Midwifery	100	100	-
Practical IV	Primary Health Care Nursing & Health Centre Management	100	100	3 Hrs
	Total	350	250	-

Grand Total for Second Year = 600 Marks

14.3 Grading and Certification:

Distinction shall be in aggregate	= 75 %
First Division	= 70% & Above
Second Division	= 60% - 69%
Third Division	= 50% - 59%

Certificate will be issued on successful completion of training requirement. Qualified ANMs have to be registered by the Mizoram Nursing Council under the provision of MNC and INC Act as ANMs, before joining services as a qualified Female/Male Health Worker and to practice as ANM.

* The results of the Examination is declared by the MNC.

15. FACILITIES FOR STUDENTS:

15.1. CLINICAL:

Student obtain general clinical experience from Civil Hospital, Aizawl with a bed strength of 300 and Synod Hospital Durtlang with a bed strength of 300.

15.2. HOSTEL:

The school provides all the necessary facilities to all the students. Hostel stay is compulsory for all students.

Items required on joining the Hostel:

1. Mattress & Blankets
2. Bed sheets, pillow, bath towel, pillow covers, handkerchief and mosquito net.
3. Personal clothing and toilet articles.
4. Pen, ruler, eraser, papers and Bound Exercise Book (1doz).
(To be provided by the institution).
5. One wrist watch with second hand.
6. One trunk box with lock & key.
7. Cutlery, plate, cup, tiffin carrier & drinking bottle.
8. Holy Bible
9. Plastic bucket, Mug, one - two celled torch, One pair of black shoes and other pair of sandals.
10. Biology Practical Book
11. JF Dictionary

- ❖ Hostel uniform is provided to all students.
- ❖ Classroom and Clinical Uniform also be borned by the Students.
- ❖ Above these, cost of Text Books will be borned by the Student themselves and be cleared after Admission.

15.3. MEDICAL:

Health record of every student is maintained by the institution.

15.4. TRANSPORT:

The school owns a 25 seater bus for transportation of students to hostels, hospitals and community postings.

15.5. LIBRARY:

There is a well-equipped library with all the latest Nursing and Medical Books and relevant Journals, Magazines and newspapers.

15.6. SPIRITUAL ASPECTS:

The Evangelical Nurses Fellowship (ENF) conduct ENF worship service every first Friday of the month in the school premises and the second year student attend ENF students camping every year. The institution organise Gospel Meeting for the students every year in the month of December.

15.7. CO-CURRICULAR ACTIVITIES:

The students take active role in Students Nurses Association (SNA), Evangelical Nurses Fellowship (ENF) and other various professional activities.

15.8. SOCIAL WORK:

The Hostel Warden arranges Social Work for all the students every Saturday and students are expected to get themselves engaged in these activities.

15.9. GAMES & SPORTS:

Facilities for Indoor Games like Carrom Board, Chinese Checker, T.T., Television, etc are available in the Hostel. The SNA

organize various games & sports once in a year for its member. The students participated actively in the various sports and games organized by the State SNA.

16. WITHDRAWAL FROM SCHOOL:

The school reserves the right to terminate a candidate whose work or conduct is not found satisfactory or for any other cause during the period of training or service.

17. SCHOOL AND HOSTEL RULES & REGULATIONS:

1. Outing:

- a) Students are not allowed to go outside the school premises during class and clinical duty hours without the permission of the Warden/ School authority.
- b) Students will be permitted Day – Out as and when required under the permission of the Warden and should return to the hostel on the specified time.
- c) Students are not allowed to have night out unless given permission during their period of training.

2. Leave:

- a) a) Students are given sick leave (10 days per year) on the permission of the Principal. Students who take leave on medical ground should produce the medical certificate along with the leave application.
- b) Information will be given to Parents/Guardian in case of seriously ill students.
- c) Students must take permission before taking any leave.

3. Phone & its Accessories:

Students are not allowed to bring mobile phone and its accessories within the school premises. Necessary action will be taken by the school authority in case of violation.

4. Substance Abuse:

Strict action (suspend/termination) will be taken if any students are found indulging in any kind of drugs or alcohol. Abusive substances should not be taken inside the school premises and clinical area.

5. Truancy:

Strict action (suspend/termination) will be taken by the school authority in case of truancy from hostel or school.

The School Management Committee/Managing Board reserved the right to change the Hostel and School Rules and Regulations from time to time.

18. CONCLUSION:

The School has its own set of Rules & Regulations to which the students are required to abide with. Any students found violating the existing Rules and Regulations are bound to penalty whatsoever the cause of violations.

The faculty believes in the need of all round development of each student. To achieve this, the faculty helps the students in meeting their physical, mental and especially spiritual needs.

ANTI-RAGGING MEASURES

In pursuance of the AICTE (Prevention and Prohibition in Technical Institutions, Universities including Deemed to be Universities imparting Technical Education) Regulations 1990, and in order to provide for the

healthy development Physically and Psychologically of all students, the Governing authority of the MFM School of Nursing (ANM) Durtlang North, Aizawl, Mizoram not only disallowed any student or students but totally prohibited:-

- a) Any conduct by any student or students whether by words spoken or written or by an act which has the effects of teasing, treating or handling with rudeness a fresher or any other student.
- b) Indulging in row or undisciplined activities by any student or students which causes or is likely to cause annoyance, hardship, physical or psychological harm or to raise fear or apprehension thereof in any fresher or any other student.
- c) Asking any student to do any act which such student will not in ordinary course do and which has effect of causing a sense of shame or foment or embarrassment so as to adversely effect the physique or psyche of such fresher or any other student.
- d) Any act by a senior student that prevents, disrupts or disturbs the regular academic activity of any other student or fresher.
- e) Exploiting the services of a fresher or any other student for completing academic tasks assigned to an individual or a group of students;
- f) Any act of financial extortion or forceful expenditure burden put on a fresher or any other student by students.
- g) Any act of physical abuse including all variants of it :- Sexual abuse, homosexual assaults, stripping, forcing obscene and lewd acts, gestures causing bodily harm or any other danger to health or person.
- h) Any act or abuse by spoken words, emails, posts, public insults which would also include deriving perverted pleasure, vicarious or sadistic thrill from actively or passively

participating in the discomfiture to fresher or any other student.

- i) Any act that effect the mental health and self- confidence of a fresher or any other student with or without an intent to derive a sadistic pleasure or showing off power, authority or superiority by a student over any fresher or any other student. If anyone is found guilty of the offence of any type of ragging mentioned at (a) to (i) and/or abetting any such kind of ragging avert or overt is liable to debarring from appearing in any test/examination or other evaluation process, withholding results, debarring from representing the Institution in any Meet, Tournament, Youth Festival, expulsion from Hostel and/or Institution and debarring from admission to any other Institutions, suspension from attending classes, withholding/ withdrawing scholarship/fellowship and other benefits, rustication from the Institution for a period ranging from 1 to 4 Semester. When the person committing or abetting the crime of ragging are not identified, the Authority shall resort to collective punishment as a deterrent to ensure community pressure on the potential raggars.



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