



# MFM SCHOOL OF NURSING

(A unit of Mission Foundation Movement)  
GENERAL NURSING & MIDWIFERY (GNM)

## PROSPECTUS 2024



Address : Durtlang North, Aizawl, Mizoram  
Phone : 90776 37091, 95357 01283  
Website: [www.mfm.org.in](http://www.mfm.org.in)



**CHRISTINA ZOTHANPUII**  
**Principal, MFM School of Nursing**

### **Dear Students**

**I welcome you on behalf of MFM School of Nursing. As we navigate through another academic year, I am filled with immense pride and gratitude for the dedication and resilience demonstrated by each member of our nursing fraternity. Nursing being a noble profession, we must give our unwavering dedication, determination and empathy to serve the public.**

**In the profession of nursing, our responsibilities extend far beyond the classroom walls. We are entrusted with the profound privilege of shaping the future of healthcare, touching lives with compassion, and advocating for those in need. With this in mind, I urge each of you to approach your studies and clinical experiences with unwavering determination and empathy.**

**MFM School of Nursing has newly gained General Nursing & Midwifery (GNM) status as of 2024. I thank the Director and all the MFM staffs for making this possible.**

**As we look ahead to the future, I am filled with optimism and excitement for what lies ahead. Together, let us continue to strive for excellence in all that we do, knowing that our collective efforts have the power to transform lives and shape the future of healthcare for generations to come.**

## **I. INTRODUCTION**

MFM School of Nursing, established in 2009 with affiliations from the Indian Nursing Council and the Mizoram Nursing Council, holds a significant role in shaping the future of youths by imparting occupational skills and knowledge across various domains. The founder's clear vision was instrumental in establishing a platform that not only focuses on academic excellence but also contributes significantly to community development.

The school shifted to its new campus at Durtlang North in 2022 with hostel facilities. In 2024, the school gained GNM status from Indian Nursing Council. Currently the Institution has 9 teaching and non teaching staffs and continues to uphold its commitment to nurturing talent and serving the community at large. Governed by the MFM board of executives, the school is committed to engaging in diverse community development programs such as Community Health, Livelihood Promotion, Skill Development, Women Empowerment, HIV /AIDS, Para – Medical Course

## **II. LOCATION**

MFM School of Nursing is located at Durtlang North, Aizawl, Mizoram (Near Vanglaini Office).

## **III. PURPOSE**

The program caters to the healthcare needs of the country, community, and individuals. It serves as a foundation for further study and specialization in nursing. Moreover, it supports nurses in their personal and professional growth, empowering them to make significant contributions to society as individuals, citizens, and healthcare professionals.

## **IV. AIMS**

The basic Diploma course in General Nursing and Midwifery is geared to the health needs of the individual, family, community and the country at large.

The aims of the Diploma in General Nursing and Midwifery programme are:

1. To prepare nurses with a sound educational programme in nursing to enable them to function as efficient members of the health team, beginning with the competencies for first level positions in all kinds of health care settings.
2. To help nurses develop and ability to co-operate and co-ordinate with member of the health team in the prevention of disease, promotion of health and rehabilitation of the sick.
3. To help nurses in their personal and professional development, so that they are able to make maximum contribution to the society as useful and productive individuals, citizens as well as efficient nurses.



4. To serve as a base for further professional education and specialization in nursing.
5. To prepare nurses to keep pace with latest professional and technological developments and use these for providing nursing care services.

## V. OBJECTIVES

The nurse on completion of this course will be able to:

1. Demonstrate competency in providing health care to individual, sick or well, using nursing process.
  - Assess the nursing need of clients from birth to death.
  - Plan and carry out appropriate action to meet nursing needs.
  - Provide effective nursing care for maintaining best possible level of health in all aspects. Promote self care in people under their care.
  - Apply problem solving techniques in nursing practice.
  - Evaluate effectiveness of nursing care.



2. Apply knowledge from the humanities, biological and behavioral sciences in functioning as a nurse.
3. Function effectively with members of the health team and community applying the knowledge of human relations and communication skills in her work.
4. Participate as member of the health team in delivery of curative preventive, promotive and rehabilitative health care services.
5. Mobilize community resources and their involvement in working with the communities.
6. Demonstrate use of ethical values in their personal and professional life.
7. Demonstrate interest in activities of professional organizations.
8. Recognize the need of continuing education for professional development.
9. Demonstrate basic skills in teaching patients and giving nursing care to them.
10. Demonstrate basic skills in administration and leadership while working with other members of health team and community.
11. Assist in research activities

#### **VI. PAYMENT OF FEES & 5 IMPORTANT POINTS TO BE NOTED**

<b>Sl. no</b>	<b>Name of Fees</b>	<b>1st Year</b>	<b>2nd Year</b>	<b>3rd Year</b>
<b>1.</b>	<b>Course Fee</b>	87,000	87,000	87,000
<b>2.</b>	<b>Clinical Fee</b>	1,000	1,000	1,000
<b>3.</b>	<b>Monthly Fee</b>	8,500 (Per Month)	8,500 (Per Month)	8,500 (Per Month)

Note:

1. Fees once paid are not refundable.
2. If any student decided to withdraw/unable to Complete the 3 years Course due to various Reasons at any time, should clear all the Course Fees before leaving the School.

3. The fees structure is subject to Revision from time to time.
4. Monthly fee should be paid on or before 15th day of every month. Late fees (10 rupees per day) will be collected from each student if not paid on the mentioned date.
5. Course fees dues must be paid well before the Nursing Council Examination at a set date by the institution otherwise candidates will not be recommended to the Council and Admit Card will not be issued.

## **VI. ADMISSION PROCEDURE**

30 candidates are admitted to the course every year.

## **VII. ELIGIBILITY**

1. Minimum education eligibility criteria for admission to GNM:

- 10+2 with English and must have obtained a minimum of 40% at the qualifying examination and English individually from any recognized board. Candidates are also eligible from State Open School recognized by State Government and National Institute of Open School (NIOS) recognized by Central Government. However Science is preferable.
- 10+2 with English having 40% of marks in vocational ANM course from the school recognized by Indian Nursing Council
- 10+2 with English having 40% of marks in Vocational Stream-Health care Science from a recognized CBSE board/State/Centre
- Registered ANM with pass mark.

For foreign nationals

- The entry qualification equivalency i.e., 12th standard will be obtained by Association of Indian Universities, New Delhi. Institution, State Nursing Council will be responsible to ensure that the qualification and eligibility will be equivalent to what has been prescribed as above.

## 2. Reservation

a) For disabled candidates: 3% Disability reservation to be considered with a disability of locomotor to the tune of 40% to 50% of the lower extremity and other eligibility criteria with regard to age and qualification will be same as prescribed for each nursing programme.

***Note: A committee to be formed consisting of medical officer authorized by medical board of state government and a nursing expert in the panel which may decide whether the candidates have the disability of locomotor of 40% to 50%.***

b) 5% of total marks is relaxed for SC/ST candidates

c) Any other reservation as per the State Govt.

***Note: Reservation shall be applicable within the sanctioned number of the seats by INC and not above it.***

3. Admission of students shall be once in a year.

4. Students shall be medically fit.

5. Minimum age for admission will be 17 years. (as on 31st December of that year) The upper age limit is 35 yrs. For GNM/ for LHV, there is no age bar.



## **VIII. IMPORTANT POINTS FOR GNM TRAINING CANDIDATES**

### **8.1. Documents to be attached :**

- a) 2 passport photocopy (colour).
- b) Attested copy of HSSLC Certificate & Marksheet.
- c) Attested copy of HSLC Certificate & Marksheet.
- d) Attested copy of Birth Certificate.

### **8.2. Rejection of Application forms :**

- a) Application Forms received after due date.
- b) Incomplete Application Form.

## **IX. CRITERIA FOR SELECTION**

1. Applicants should submit their application form completely filled in, within the specified time. Late submission of the application form will not be considered.

2. Written test will be conducted on the notified date. All the selected candidate/applicants will be called for Personal Interview on the notified date.

3. The school will provide Admit Card for all the Candidates and only those candidates with Admit Card will be allowed to sit inside the Examination Hall.

4. The following documents should be brought along with during the Personal Interview :

- a) HSSLC - Original Mark sheet & Certificate.
- b) Mark sheets of HSLC and above.
- c) Medical Certificate
- d) Migration Certificate/Testimonial Certificate.
- e) Application form should bear Office Seal and if not, the application form will not be considered.
- f) It is compulsory for the selected candidates to stay in the hostel.
- g) Applicant who wish to join ANM Course should not indulge themselves in alcohol or drugs and any other tobacco products.



## X. DURATION

The course of study shall be 3 years (academic years). Recognized by Indian Nursing Council and the State Nursing Council i.e. Mizoram Nursing Council.

## XI. SESSION : August - July

- Training (and Classroom Teaching) is conducted according to the Indian Nursing Council guidelines. At the end of each year, Council Exam is conducted by the State i.e. Mizoram Nursing Council.

- Students are exposed to rural areas and urban areas as prescribed by the INC syllabus.

## XII. CURRICULUM

Duration	
Course duration	= 3 Years
Weeks Available	= 52 weeks
Vacation	= 4 weeks
Examination (including preparatory)	= 2 weeks
Available weeks	= 46 weeks
Hours per week	= 40 hours
Hours available per academic year (1st & 2nd Year)	= 1840 (46 wks × 40 hours) X 2=3680
Hours available for 3rd Year (Part I)	= 960 (24 wks × 40 hours)
Internship (Part II)	= 1248 (26 wks × 48 hours)
3rd Year	= 2 weeks vacation 2 weeks Examination
<b>Total</b>	<b>= 5888 hours</b>

## COURSE OF INSTRUCTION

### FIRST YEAR

Sl. No	Subject	Theory Hours	Practical hours	
1	Bio Sciences - Anatomy & Physiology. - Microbiology	120 90 30		
2	Behavioral Sciences - Psychology - Sociology	60 40 20		
3	Nursing Foundations - Fundamentals of Nursing. - First aid	210 190 20	200 (lab)	680(clinic)
			(22 weeks)	
4	Community Health Nursing - CHN – I - Environmental hygiene - Health Education & Communication Skills - Nutrition	180 80 30 40 30	320 (8 Weeks)	
5	English	30	-	
6	Computer Education	15	15	
7	Co – curricular activities	10		
	TOTAL		625(16 wks)	1215(30 wks)
			1840	

## SECOND YEAR

Sl. No	Subject	Theory Hours	Practical hours	
1	Medical Surgical Nursing -I	120	800(20wks)	
2	Medical Surgical Nursing -II	120		
3	Mental Health Nursing	70	320 (8 wks)	
4	Child Health Nursing	70	320 (8 wks)	
5	Co – curricular activities	20	-	
	Total		400 (10 wks)	1440(36 wks)
			1840	

## THIRD YEAR PART-I

Sl. No	Subject	Theory Hours	Practical hours
1	Midwifery & Gynaecological Nursing	140	560 (14 wks)
2	Community Health Nursing -II	90	160 (4 wks)
3	Co – curricular activities	10	
	Total	240 (6 wks)	720 (18 wks)
		960	

### THIRD YEAR PART-II (INTEGRATED SUPERVISED INTERNSHIP)

Sl. No	Subject	Theory Hours
1	Nursing Education	20
2	Introduction to Research and Statistics	30
3	Professional Trends & Adjustments	30
4	Nursing Administration & Ward Management	40
	<b>Total</b>	<b>120 (2 wks)</b>

Sl. No	Clinical Areas	Clinical Hours / Weeks
1	Medical Surgical Nursing	288 (6 wks)
2	Community Health Nursing	288 (6 wks)
3	Child Health Nursing	96 (2 wks)
4	Midwifery & Gynaecological Nursing	384 (8 wks)
	Mental Health Nursing	96 (2 wks)
	<b>TOTAL</b>	<b>1152 (24 wks)</b>

Night duty should be given in clinical area(s) in rotation

- 43 hours per week for clinical and 5 hours per week for theory.

The students posted in the clinical areas should be accompanied by teaching faculty of the school.

The same practice must be followed when student are posted for requisite clinical experience to affiliated Hospital/Agency/ Institution.

The Nursing teachers must actively participate in supervising, guiding and evaluating students in the hospital wards, health centers and in the community.

1:10 teacher student ratio to be maintained during the supervised clinical practice.





**Library**

### XIII. SUMMARY OF TOTAL CLINICAL EXPERIENCE

Area	1st Year	2nd Year	3rd Year-I	3rd Year – II (Internship)
Nursing Foundation	880 (22)	-	-	-
Community Health Nursing	320 (8)		160 (4)	288 (6)
Medical Surgical Nursing	-	800 (20)	-	288 (6)
Mental Health Nursing	-	320 (8)	-	96 (2)
Child Health Nursing	-	320 (8)	-	96 (2)
Midwifery & Gynaecological Nursing	-	-	560 (14)	384 (8)
Total	1440	1440	720	1152

## XIV. SCHEME OF EXAMINATION

### FIRST YEAR

Paper	Subjects	Total Marks	Internal Assessment	Council/ Board Examination	Weightage	Duration of examination (Hrs.)
I	Bio Sciences - Anatomy & Physiology - Microbiology	100	25	75	65% 35%	3
II	Behavioral Sciences - Psychology - Sociology	100	25	75		3
III	Foundation of Nursing - Fundamental of Nursing - First Aid	100	25	75		3
IV	Community Health Nursing - CHN – I - Environment Hygiene - Health Education & Communication Skills - Nutrition	100	25	75	50% 10% 25%  15%	3
	Practical – I Fundamental of Nursing	100	50	50		-

## SECOND YEAR

Paper	Subjects	Total Marks	Internal Assessment	Council/ Board Examination	Weightage	Duration of examination (Hrs.)
I	Medical Surgical Nursing -I	100	25	75	-	3
II	Medical Surgical Nursing -II	100	25	75	-	3
III	Mental Health Nursing	100	25	75	-	3
IV	Child Health Nursing	100	25	75	-	3
	Practical – I Medical Surgical Nursing	100	50	50	-	-
	Practical – II Child Health Nursing	100	50	50	-	-
	Practical – III * Mental Health Nursing	100	50	50 *	-	-

**Note:**

**\* (only school examination, no council/board exam)**

**\*Practical examination for psychiatric nursing is to be conducted at the place of clinical experience at the end of clinical instruction by school, itself and marks shall be sent to the council/board.**

### THIRD YEAR PART-I

Paper	Subjects	Total Marks	Internal Assessment	Council/ Board Examination	Weightage	Duration of examination (Hrs.)
I	Midwifery & Gynecological Nursing	100	25	75	-	3
II	Community Health Nursing -II	100	25	75	-	3
	Practical – I Midwifery	100	50	50	-	-
	Practical – II Community Health Nursing	100	50	50	-	-

***\*Examination for Part-I will be conducted at the end of Third Year***

Paper	Subjects	Total Marks	Internal Assessment	Council/ Board Examination	Weightage	Duration of examination (Hrs.)
I	Nursing Education and Introduction to Research and Statistics	100	50	50		3
II	Professional Trends & Adjustment, Nursing Administration and Ward Management	100	50	50		3



## **Examination guidelines**

1. Shall have one regular examination followed by supplementary examination in a year.
2. If a candidate fail they can be promoted to next year
3. A candidate can take any number of attempts with a condition that maximum period allowed is 6 years. However all previous papers need to be cleared before appearing in the final examination.
4. No institution shall submit student average internal marks more than 75% i.e., if 40 students are admitted in a course than the average score of the 40 students shall not exceed 75%. Example of 5 students: A=25, B=20, C=22, D=21, E=24 Average score=89.6%  
This will not be accepted by the State Nursing Registration Council.
5. Minimum pass marks should be 50% in each of the Theory and practical paper separately.
6. Minimum pass marks shall be 40% for English only.
7. Theory and Practical exams for Introduction to Computer to be conducted as School exam and marks to be send to the SNRC/ Board for inclusion in the mark sheet.
8. A candidate has to pass in theory and practical exam separately in each of the paper.
9. If a candidate fails in either theory or practical paper he/she has to re-appear for both the papers (Theory and Practical)
10. Maximum number of candidates for practical examination should not exceed 20 per days.
11. All practical examination must be held in the respective clinical areas.
12. One internal and one external examiners should jointly conduct practical examination for each students.

## ELIGIBILITY FOR ADMISSION TO EXAMINATION

A candidate shall be eligible for the admission to the state Council / Board examination if the Principle of the school certificate that:

(a) She / he has completed not less than eleven months of the course.

(b) A candidate must have minimum of 80% attendance (irrespective of the kind of absence) in theory and practical in each subject for appearing for examination.

***The diploma shall not be awarded to the student till she / he has completed the clinical / field requirements.***

(c) A Candidate must secure 50% marks in internal assessment separately in each theory and practical.

(d) The record of practical experience is complete.

(The Principal shall send to the Council / board the internal assessment for each subject, i.e. both theory and practical (S) before the start of the examination along with the examination form).

## XV. GRADING OF EXAMINATION

Examination shall be graded on aggregate marks of the entire three years of the training programme, as follows:

Distinction	- 80% and above
First Division	-70% to 79%
Second Division	- 60% to 69%
Pass	- 50% to 59%

## XVI. THEORY EXAMINATION

1. Nursing teacher with minimum five years of teaching experience (recent) in a particular subject may be appointed as paper setters and examiners for that particular subject only.

2. Question paper should have a combination of essay, short answer and objective type question as detailed in the content

3. All units of a subject and sub-subject should be given due weightage in accordance with the instructional hours prescribed.

## **XVII. PRACTICAL EXAMINATION**

1. Practical examination is to be conducted in the respective clinical area.
2. Nursing teacher with minimum of five years of teaching/clinical teaching experience in a particular subject/clinical area may be appointed as practical examiner.



## **XVIII. FACILITIES FOR STUDENTS**

### **18.1. CLINICAL**

Students obtain general clinical experience from our affiliated Hospitals namely Trinity Hospital and Aizawl Hospital, Aizawl.

### **18.2. HOSTEL**

The school provides all the necessary facilities to all the students. Hostel stay is compulsory for all students.

Items required on joining the Hostel :

1. Mattress & Blankets
2. Bed sheets, pillow, bath towel, pillow covers, handkerchief and mosquito net.
3. Personal clothing and toilet articles.
4. Pen, ruler, eraser, papers and Bound Exercise Book (1doz). (To be provided by the institution).
5. One wrist watch with second hand.
6. One trunk box with lock & key.

7. Cutlery, plate, cup, tiffin carrier & drinking bottle.
8. Holy Bible
9. Plastic bucket, Mug, one - two celled torch, One pair of black shoes and other pair of sandals.
10. Biology Practical Book
11. JF Dictionary

- \* ***Hostel uniform is provided to all students.***
- \* ***Classroom and Clinical Uniform also be borned by the Students.***
- \* ***Above these, cost of Text Books will be borned by the Student themselves and be cleared after Admission.***

### **18.3. MEDICAL**

Health record of every student is maintained by the institution.

### **18.4. TRANSPORT**

The school owns a 25 seater bus for transportation of students to hostels, hospitals and community postings.

### **18.5. LIBRARY**

There is a well equipped library with all the latest Nursing and Medical Books and relevant Journals, Megazines and newspapers.

### **18.6. SPIRITUAL ASPECTS**

The Evangelical Nurses Fellowship (ENF) conduct ENF worship sevice every first friday of the month in the school premises and the second year student attend ENF students camping every year. The institution organise Gospel Meeting for the students every year in the month of December.

### **18.7. CO-CURRICULAR ACTIVITIES**

The students take active role in Students Nurses Association (SNA), Evangelical Nurses Fellowship (ENF) and other various professional activities.



### **18.8. SOCIAL WORK**

The Hostel Warden arranges Social Work for all the students every Saturday and students are expected to get themselves engaged in these activities.

### **18.9. GAMES & SPORTS**

Facilities for Indoor Games like Carrom Board, Chinese Checker, T.T., Television, etc are available in the Hostel. The SNA organize various games & sports once in a year for its member. the students participated actively in the various sports and games organized by the State SNA.

## **XIX. WITHDRAWAL FROM SCHOOL**

The school reserves the right to terminate a candidate whose work or conduct is not found satisfactory or for any other cause during the period of training or service.

## **XX. SCHOOL AND HOSTEL RULES & REGULATIONS**

### **1. Outing :**

- a) Students are not allowed to go outside the school premises during class and clinical duty hours without the permission of the Warden/ School authority.
- b) Students will be permitted Day – Out as and when required under the permission of the Warden and should return to the hostel on the specified time.
- c) Students are not allowed to have night out unless given permission during their period of training.

### **2. Leave :**

- a) Students are given sick leave (10 days per year) on the permission of the Principal. Students who take leave on medical ground should produced the medical certificate along with the leave application.
- b) Information will be given to Parents/Guardian in case of seriously ill students.
- c) Students must take permission before taking any leave.

### 3. Phone & its Accesories

Students are not allowed to bring mobile phone and its accessories within the school premises. Necessary action will be taken by the school authority in case of violation.

### 4. Substance Abuse

Strict action (suspend/termination) will be taken if any students are found indulging in any kind of drugs or alcohol. Abusive substances should not be taken inside the school premises and clinical area.

### 5. Truancy

Strict action (suspend/termination) will be taken by the school authority in case of truancy from hostel or school.

The School Management Committee/Managing Board reserved the right to change the Hostel and School Rules and Regulations from time to time.

## **XXI. CONCLUSION**

The School has its own set of Rules & Regulations to which the students are required to abide with. Any students found violating the existing Rules and Regulations are bound to penalty whatsoever the cause of violations.

The faculty believes in the need of all round development of each student. To achieve this, the faculty helps the students in meeting their physical, mental and especially spiritual needs.

## ANTI-RAGGING MEASURES

In pursuance of the AICTE (Prevention and Prohibition in Technical Institutions, Universities including Deemed to be Universities imparting Technical Education) Regulations 1990, and in order to provide for the healthy development Physically and Psychologically of all students, the Governing authority of the MFM School of Nursing not only disallowed any student or students but totally prohibited:-

- a) Any conduct by any student or students whether by words spoken or written or by an act which has the effects of teasing, treating or handling with rudeness a fresher or any other student.
- b) Indulging in row or undisciplined activities by any student or students which causes or is likely to cause annoyance, hardship, physical or psychological harm or to raise fear or apprehension thereof in any fresher or any other student.
- c) Asking any student to do any act which such student will not in ordinary course do and which has effect of causing a sense of shame or foment or embarrassment so as to adversely effect the physique or psyche of such fresher or any other student.
- d) Any act by a senior student that prevents, disrupts or disturbs the regular academic activity of any other student or fresher.
- e) Exploiting the services of a fresher or any other student for completing academic tasks assigned to an individual or a group of students;
- f) Any act of financial extortion or forceful expenditure burden put on a fresher or any other student by students.
- g) Any act of physical abuse including all variants of it Sexual abuse, homosexual assaults, stripping, forcing obscene and lewd acts, gestures causing bodily harm or any other danger to health or person.
- h) Any act or abuse by spoken words, emails, posts, public insults which would also include deriving perverted pleasure, vicarious or sadistic thrill from actively or passively participating in the discomfiture to fresher or any other student.
- i) Any act that effect the mental health and self-confidence of a fresher or any other student with or without an intent to derive a sadistic pleasure or showing off power, authority or superiority by a student over any fresher or any other student.

***Note: If anyone is found guilty of the offence of any type of ragging mentioned at (a) to (i) and/or abetting any such kind of ragging avert or overt is liable to debarring from appearing in any test/examination or other evaluation process, withholding results, debarring from representing the Institution in any Meet, Tournament, Youth Festival, expulsion from Hostel and/or Institution and debarring from admission to any other Institutions, suspension from attending classes, withholding/ withdrawing scholarship/fellowship and other benefits, rustication from the Institution for a period ranging from 1 to 4 Semester. When the person committing or abetting the crime of ragging are not identified, the Authority shall resort to collective punishment as a deterrent to ensure community pressure on the potential raggers.***



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