

# ANNUAL REPORT

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## 2016-2017

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## DIRECTOR'S MESSAGE



*R. Vanlalzaupa  
Director,  
Mission Foundation Movement*

MFM has now attained its 9th Anniversary under the guidance of our Gracious God. Praise Be His name. God has continuously bestowed his blessings upon us by giving us his anointed and noble partners from in and out of the State.

Slow but steadily, our humble organization is branching out to areas we never thought possible. When we started this organization, our first priority was to create a recovery programme for substance abusers. Sadly, drug addiction is rampant across Mizoram with many youth struggling with this problem. We created de-addiction center where we provide medication and counseling for drug addicts and many of them fully recovered from our center. Now we have Community Health Centers, Pharmacy College, Nursing School and several livelihood training centers across Mizoram. We are now partnering with National and International Organizations on various projects.

Today we would love to mention that we are already blessed with 60 employees at various institutions under MFM. If nothing else, the position we are in today to create jobs for young people is something we are extremely proud of and we are confident that through this organization many more will have a steady livelihood using their own two hands.

Mizoram seemed insignificant with a small population, located in one of the most remote part of India. However, we set ourselves the highest of standards and we believe that, given the proper training, our youth can not only compete but excel at National and International level.

Lastly, we believe in our community and its potential and we will continue to work tirelessly towards creating a better and brighter future for our society.

# Introduction



Mission Foundation Movement (MFM) was established in 2004 as a Non-profit organization, registered under Mizoram Firms and Societies Act, 1960 (Extension to Mizoram Act No.3 of 1977) on 22th December, dedicated to accelerating Skill Development of Youth, Community Health, Paramedical institutions, and Community Development irrespective of tribe, caste, creed, ethnicity, or religion.

Our vision is to empower youth with prerequisite skills and knowledge creating better job opportunities for themselves and the community, improving women and child health, promotion of public health and revamping Entrepreneurship in Mizoram.

Mission Foundation Movement envisions to reach out and expand to implement community health programs and to increase quality healthcare & accessibility, improvement in child & maternity health, expansion of skill development training among youth for income generation programme and instill Entrepreneurship spirit among the younger generation.

Mission Foundation Movement aims to impact the lives of unemployed youths, non/neo literates, women and children, socially and economically backward class, start-up entrepreneurs, and at large rural community and urban poor.



## Leadership and Skill Development Training

A six months course on Leadership and Skill Development training was organized with 12 participants this year. A graduation ceremony was held on 27th of October, 2016 at Aizawl with Rev. Dino L Toulthang as the Chief Guest.



## Masonry Training

Skilled Masons are always in high demand in Mizoram but these jobs often get outsourced to workers from other states as there are not enough skill masons in the state. Thus, the need for training a large number of masons was strongly felt. Under North Eastern Rural Livelihood (NERLP) a three months Masonry Training course was successfully conducted. We had 60 trainees divided into two batches. 95% of our trainees received jobs at various establishments.



## COMMUNITY DEVELOPMENT PROJECT (NERLP)

Community Development Programme (CDP) was launched in 2016 in collaboration with North East Rural Livelihood Projects (NERLP), Ministry of DoNER. The project covered 3 RD Blocks in Aizawl District i.e., Tlannuam, Phullen and Aibawk RD Blocks. The objective of the project is to improve rural livelihood especially that of women, unemployed youth and disadvantage group of the society. MFM signed a contract with the Director of NERLP on 18.06.2016 for staff management. Under this project we help create 568 Self Help Groups (SHGs) in three Community RD Blocks.



Self Help Groups are created in three Development Blocks namely:

Sl No	Block	No. of SHGs
1	Aibawk Block	246
2	Tlangnuam Block	205
3	Phullen Block	117
Total		568



## MENTAL HEALTH AWARENESS PROGRAMME

Mental illness is considered a “taboo” in the society. People suffering from mental illness are often subjected to discrimination. Not only this they are stormed with financial, physical, mental, emotional, and social burdens. Due to which, availing treatment and care becomes a hassle and even burdensome for the family members. Affirming the need for awareness and support in providing a nurturing environment, MFM, under the National Mental Health Mission, Govt. of India organized a Target Intervention Project at Champhai District.

The main activities under this programme includes: - Information Education and Communication (IEC) at Schools, Colleges, CBOs and NGOs. - Suicide Prevention/Crisis Intervention help lines were made available. We held counseling sessions and conducted follow-ups.

Sl No.	Activities	Nos.	Participants
1	IECs at Schools	3	418
2	IECs at Colleges	3	20
3	IECs with NGOs	19	713
5	Training with NGOs	1	20
6	Training with Journalists Association	1	15
7	Free Clinics	23	1558
8	Training conducted in colleges	2	150
9	Counselling + follow ups		21+ 20
10	Helpline phone calls attended		81



## LAITHANGPUH COLLEGE OF PHARMACY

MFM started Diploma in Pharmacy course in Mizoram in 2014 with the permission to admit 60 students per year. The College is affiliated to State Council for Technical Education and Pharmacy Council of India. Pharmacists play a vital role in the health care system in dispensing medicines and providing latest information on various drugs. At present, we have 50 students. The first graduation ceremony was held on 3rd May, 2017 with Mr. PC Lalthanliana i/c Social Welfare Minister as the Chief Guest. We are confident and striving to make a huge impact in Pharmaceutical profession particularly in Northeast India.

Since 2014, we have had a total of 83 students with 20 of them now employed at various institutions across Mizoram.

Year	Batch	No. of Students	Placement
2014-2016	1st Batch	34	12
2015-2017	2nd Batch	26	8
2016-2018	3rd Barch	23	-
Total		83	20





## MFM COMMUNITY HEALTH CLINIC, KHAMRANG

Many villages in Mizoram do not have basic health care facilities which create a dire need for health workers, nurses and doctors in rural areas. Recognizing this need, MFM opened a Health Clinic at Khamrang Village in 2012, with the approval from the Health Department, Govt. of Mizoram. In 2015 a new building was constructed with funding from the Embassy of Japan in New Delhi. The Clinic is maintained and run by our own source of fund. This clinic has been utilized for rural posting of Health Worker Students from our Nursing School.

The new buliding was inaugurated by Mr Akio Isomata, Economic Minister, Embassy of Japan and Shri. Lal Than Hawla, Chief Minister of Mizoram on 4th of April 2016. The clinic currently has four patients' bed, one delivery room, one bedded Post-Natal Recovery room, immunization room, store room, clinical examination room and four bathrooms. The clinic works to improve the health of mothers and their children, community health, sanitation.

There are currently two (2) staff nurses, one(1) Health worker, one Asha with one Parttime Medical Doctor, and one(1) Chowkidar cum peon on staff. The clinic serves five (5) villages in the vicinity of the Center. During the reporting period, the activities undertaken may be categorized as follows:

SI No	Activities	No of Patients
1	Immunisation	50 babies
2	Outdoor Patient	69
3	Indoor Patient	53
4	Antenatal Clinic	87
5	Home Visits	120 households
6	Free Clinic	413 Beneficiaries
7	Dental Health Check up	200



Innauguration of the Clinic Mr Akio Isomata, Economic Minister, Embassy of Japan and Shri. Lal Than Hawla, Chief Minister of Mizoram



## MFM School of Nursing (ANM)

MFM School of Nursing was established in the year 2009 with approval from the Indian Nursing Council and Mizoram Nursing Council with an intake capacity of 20 seats per batch. The duration of this course is 2 years. The students are acquainted with current skills and knowledge on medical fields boosted with professional expertise to meet the changing demand of the society.

Health worker plays an important role in rendering primary healthcare services in the rural areas. Even with minimum health care facility they provide valuable service. Being the grass root healthcare provider especially for rural health, the importance of services rendered by Health worker is irrefutable. At present we have 19 students in the 7th batch (2015-17) and 21 students in the 8th batch (2016-18).



The results of the final year examination held on September, 2016 are as follows:

Sl No	Batch	Nos. appeared	1st Div	2nd Div	Supplement	Failed
1	6th Batch (2nd year)	26	2	22	2	-
2	7th Batch (1st year)	19	3	13	2	1

Results of Supplementary examination held on March 2017

Sl No	Batch	Nos. appeared	1st Div	2nd Div	Supplement	Failed
1	6th Batch (2nd year)	2	1	1	2	-
2	7th Batch (1st year)	1	2	-	-	1

## Mobile Dispensary at Mamit District

Mission Foundation Movement aimed to provide high-quality primary care at a low cost to Mizoram's poor and underprivileged communities. During the reported period, a free clinic was held in Mamit District. We offer our patients a medical consultation for Rs50 and a free one-week supply of medications. We also offer discounted spectacles. Cataract and pterygium surgeries are also provided free of charge in collaboration with the Civil Hospital, Aizawl. Health Awareness campaign was also organized at three schools at Mamit.



Children attending nutritional and health teaching at Mamit District